

MORE THAN \$1,200 WORTH OF FREE STUFF ... SEE PAGE 19 FOR DETAILS

PREGNANCY & newborn

Mother's
DAY
gift guide

**ATTACHMENT
PARENTING**
for your lifestyle

**IT'S IN THE
STARS** ★

Mommy & me
astrology

6 changes to
make when
you find out

the
best ★
**BREAST
PUMPS**
★



MOMMY MUST-HAVE:

Multi-tasking undies

Finally, an alternative to wearing big ol' granny panties while recovering from your C-section! These awesome undies have an interior silicone panel to increase moisture around the incision area and ease scar formation issues; their compression panels help reduce swelling and provide support. Plus, they allow you to maintain your dignity as you heal. Priceless!

C-Panty \$55 for combination pack



See shopping guide for details

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-to-be